"She had this whole thing about the heart and the hand, how they were connected. You know, feeling and action are always linked; one can't \overline{exist} without the other." - Sarah Demen



My Sister B'nai Brith Girls,

It has been said, "the future belongs to the few of us still willing to get our hands dirty." Today we celebrate the 70th anniversary of our movement, and while we rejoice in the accomplishments of the past, we've still got a long way to go. In Judaism, reaching the milestone of 70 is completing a full life.

But we are just getting started.

My sisters, I believe that if we put our <u>hearts</u> in our <u>hands</u>, we create the power to change the world. Today marks the day where we return to the feelings of Anita Perlman and her actions to establish a global <u>Jewish sisterhood</u>. Where we talk-the-talk *and* walk-the-walk. Where we raise our voices and roll up our sleeves; ready to embrace the feelings and actions BBG gives us.

Because when we connect the heart and hand, we are unstoppable.

So where do you come in? How can one BBG power our Heartbeat and strengthen our Handprint? You are the link between the heart and the hand of the B'nai B'rith Girls. On the Chapter, Regional, and International levels, if you make one fellow sister experience the feelings of BBG, she is inspired to action, an effect that ripples across the entire Order. Heart to Heart. לב ללב. Hand in Hand. יד ביד.

I'm taking my heart and extending my hand.

Will you?

Submitted with undying love for connecting the hearts and hands of the B'nai B'rith Girls for 70 years to come, I remain,

Damn Proud Candidate for Your 70th International N'siah

anoy ed o'l gairigaA







Chapter N'siah '12-'13 (12 Month Term)

- ❖ In absence of a S'ganit, successfully motivated chapter members to create and run their own programs
- Promoted "wellness" through programs on eating disorders, mental illnesses, and body image
- Helped launch chapter newsletter, "M&M Monthly"
- Personalized convention promotion through delivering cupcakes to members/prospects' home; doubled chapter attendance
- ❖ Led L'Chaim to Tournies Convention '12 victory
- Increased chapter funds through selling vintage inspired BBG shirts at shuk; raised a total of \$1192.40
- Won Outstanding Stand UP Campaign Award for creating chapter video, "Dare To Be Different", advocating tolerance towards people with developmental disabilities
- ❖ Won 3 Programming Fold Awards: Sisterhood, Social Action, Creativity Chapter S'ganit '11-'12 (12 Month Term)
- Assisted L'Chaim to Tournies Convention '11 victory
- ❖ Assistant Director/Co-Choreographer for L'Chaim Fashion Show 2012, raised over \$2100 for Stand UP
- ♦ Won 3 Programming Fold Awards: Sisterhood, Com. Service, Recreation

Lake Ontario Region #36

Regional N'siah '13-'14 (12 Month Term)

- ❖ Brought the region to 200 members, LOR BBG to 100+ members, an increase of 37% versus prior year
- Established partnership with Eastern Canada Region where all conventions during the 2013-2014 programming year are held together
- ❖ Coordinated Fall Regional XX's, revamped old framework to make leadership sessions more fun and engaging for new leaders
- ❖ Coordinated iRLTC 2013, the first ever inter-regional convention between LOR and ECR, added new programs to convention through a Shabbat Shira and Seniors Program
- ♦ Hosted Successful Hunger Is Not A Game: Catching Fire Pre-Screening; 200 teens attended, 300 lbs. of food donated to Daily Bread Bank and \$400 raised for Mazon Canada
- ❖ Won Stand UP Convention Grant for \$2000 to implement Stand UP programming into Regional Conventions
- Planned first-ever Regional Stand UP Program outside of J-Serve; packaged 170 toy kits for children in hospitals & 140 toiletry kits for a women's shelter
- Amended LOR BBG Constitution

International Order of the B'nai B'rith Girls

- **♦**IC '11, '12, '13, '14∞
- ❖ IMPACT: Boston 2012
- CLTC 7 2012
- March of The Living 2013
- ❖ ILTC 2013
- Int'l Kallah 2013

- ❖ August XX's 2013
- Hunger Is Not A Game 2013
- ❖ Feb XX's 2014
- **❖** ILSI 2014
- ❖ CLTC 8 2014 Coordinator

Proven Leadership: Awards

- ❖ BBYO Emerging Leadership '11, ❖ Pledge & Principles '12,
 - ❖ Silver Star of Deborah '13, ❖ Gold Star of Deborah ♥





Change makes the World go Round. snows) əriqeni spubost Ololions inspire Chango







The **Hands** execute the Actions of BBG:

Planning Programs. Celebrating Judaism. Changing the World.

Goals and Ideas for Connecting Our Hearts and Hands Across the Order

- Connect with N'siah, Godol, and Director for regional briefing
- ♥ Inform the 70th/90th boards about Region's issues to gather resources to share
- ▶ Meet with Regional and chapter boards; brainstorm how to combat challenges
- ♥ Bond with the Regional N'siah; identify ways to be a resource for them
- Connect with chapter counterparts and as many B'nai B'rith Girls as possible
- ♥ Participate in community service to motivate Regional Stand UP programming
- Create a list of potential summer program participants

After Visit:

Follow-up with the Regional N'siah about progress towards goals/challenges Post trip report to Keeping PACE blog; highlight unique traditions & programs

70th International Board:

"In Judaism, 70 is completing a full life. In BBG, 70 is just getting started."

- Establish a culture of sisterhood through bonding activities at Board Retreat, group goal-setting, identifying strengths and ways to support each other
- Remain in constant communication with board; serve as their resource, teammate, friend, and sister 24/7 through Bi-weekly Google+ calls
- Monthly counterpart check-ins to support their respective positions in the Order
- ♥ Ensure that every int'l initiative is a team effort from the entire board Monthly email/video to update the Int'l Order about what I-Board is working on
- Be approachable to all members and present ourselves as positive role models
- Work cohesively with the 90th Grand Board

90th Grand Aleph Godol:

'To have and to hold, in sickness and in health, 'til the end of our term do us part'

- Visit at least one region together per month
- Establish connections with Chapter Godolim/N'siot through conference calls
- Revamp Keeping PACE blog to better update the Order on our experiences

- Create personal relationships with each of my counterparts and serve as a resource notivator, friend and sister to all
- ♥ Send bi-weekly counterpart emails with updates, news, and important info
- ♥ Strengthen "Sister N'siah" initiative by pairing N'siot with similar goals
- Create an online N'siah Releases & Resources Database that is easy to navigate
- ♥Hold Hub conference calls where N'siot can brainstorm, and problem-solve
- ♥ Highlight accomplishments via social media to celebrate N'siots' hard work

<u>(lugust/Felo XX's:</u> "Training Leaders and Planning For the Future"

- Create a sense of community among XX's and bond the N'siah Network
- ♥ Set goals with Regions/Councils at August XX's; evaluate progress at Feb XX's ♥ Hold interactive session that applies International initiatives on local level
- ♥ Special training for Winter Regions at Feb XX's
- Provide XX's the opportunity to submit ideas for initiatives and motions
- ▶ Motion to update and edit the Constitution of the Int'l Order of BBG
- Motion to define confusing terms such as "politicking", "pluralism"

<u>Summer Programs:</u>

"Camp was fun, but Summer Programs changed my life."

- Create CLTC Push Week with each day focused on a different aspect of CLTC
- Revamp curriculum for ILTC to be more varied from the CLTC curriculum
- Create a summer program connection between an IMPACT session and Kallah
- ♥ Expand scholarship awareness through video contest to promote recruitment
- ♥ Engage CLTC/IMPACT/Perlman alumni for program feedback

<u>Chapters Helping Chapters:</u> "Hearts and Hands Coming Together in the Int'l Order of BBG"

- ▼ Match-up chapters from across the order facing similar challenges
- ♥ Send out survey to identify main issues facing chapters; hold conference calls with tips and techniques for combatting the top 5 major issues
- Create a Facebook group for all members who start new chapters in the 2014-2015 programming year so they can share resources to help create success
- Create the "Chapter Traditions Treasure Chest", an online database where chapters an share their chapter profile and unique traditions they uphold

<u>Friends and Ulumni Nētwork:</u>

"The BBYO journey doesn't end at graduation: we are LIFE members"

- ♥ Expand Madrichim network & Community Engagement Fellows to more campuses
- Connect with FAN in their local communities to re-engage them in BBYO ♥ Plan large-scale fundraising events/initiatives
- Represent teen voice with prospective donors and parents

🦺 Revise the Official AZA/BBG Program Planning Form to make a simpler version hich incorporates a checklist to help meet 3rd Degree programming

Create new monthly themes to place more attention on our movement's priorities

(e.g. Oct.-Go Global! Month, Dec.-MBA Month, Jan.-Membership Momentum) Promote "Programming With A Purpose" to create resources on how to elevate any

type of program to the next standard of Programming Excellence

Revamp structure of the Program Bank to improve efficiency and ease of use

Work with Regional/Council N'siot to establish/improve BBGG locally

Speak UP: "Our Commitment to Israel"

- Institute new daily themes during Speak UP Week 2014 to improve participation (e.g. "Send A Letter to an IDF Soldier Day"; "Wear Blue and White Day")

 Send releases throughout Speak UP Week about Israeli organizations to get
- involved with, ways to support Israel, and how to combat anti-Zionism
- Create a Speak UP Blog which highlights amazing programs and initiatives Have Beyond participants post a video about what they are doing in Israel
- Launch an International Speak UP Initiative on Yom Hazikaron and Yom
- Ha'atzmaut (Israel's Remembrance Day and Israel's Independence Day) Continue to grow partnerships with Israeli organizations

${\underline{\it Stand~UP}}$ "Our Commitment to Tikkun Olam"

- lacksquare Motivate chapters to connect with the Stand UP Website through an initiative when they receive a prize/int'l recognition for registering
- Update the Int'l order via social media about recent campaigns to check out on the Stand UP Website; give shout-outs to chapters for awesome Stand UP initiatives
- Stand UP Week 2015: Each day of the week is themed around a cause (e.g; Cancer,
- Mental Illness, LGBTQ rights), and chapters/regions can advocate & fundraise J-Serve 2015: Promote it as a celebration of the Order's Stand UP achievements;
- encourage festivities with guest performers to expand participation Create a chapter resource with a menu of ideas for Stand UP Campaigns

<u> Total Growth and Involvement:</u> "One and One and One"

- Start new chapters by identifying untapped geographical areas
- Work with R/C N'siot on BBG membership goals with monthly follow up Work to establish a strong BBYO Connect program in communities where there
- sn't one; reach out to Middle Schools/Synagogues/JCC's to facilitate Connect Establish the Mekasher position where it is beneficial; emphasize the position's job
- n transitioning between BBYO Connect and AZA/BBG

<u> "Globalizātion:</u> "It's a Small World After All"

- Expand chapter pen-pals and regional partners with overseas communities Heighten ISF importance to inspire chapters to raise funds for global teens
- Grow GNC and continuously update members on globalization efforts
- Establish BBYO in communities where we have begun to plant our roots
- Emphasize building a relationship with overseas counterparts Promote Ambassadors to Bulgaria, have alumni share their stories of experiencing
- global Jewry firsthand; create another "Ambassadors" summer program (UK&Ireland)

${rac{FC}{2015:}}$ "Jewish Teens Take Atlanta"

Release AZA BBG IC 2015 Spirit Guide by Jan. 1; create new Spirit Day Themes Create a partnership with other Jewish Teen Conventions in Atlanta (NFTY and possibly others) to expand convention resources and collective impact in Atlanta Include a "Problem Solving" Shabbat Elective

$I\!E\!I\!U\!:$ "Every member can impact the Order as a whole"

- Make the work of the ILN transparent to the Int'l Order
- Evaluate new ILN model through survey to identify strengths/improvements Divide committees into different chair positions to assign specific tasks & goals

<u>Board of Directors and BBYO Professionals:</u>

"Our sounding board and most loyal supporters"

- Serve as a liaison between teens & professionals; share experiences from travels Forward bi-monthly newsletter to Board of Directors to improve awareness of BBYO activities and progress toward goals; invite them to August XX's
- 🖖 Attend Staff Conference and develop presentation on teen perspective

<u>Personal Promises</u>: "My Heart. My Passion. My Hand. My Actions.

- Represent the B'nai B'rith Girls with passion, pride, and respect
- Frame every day of my term as an adventure
- Continue to be inspired by the magic of BBYO and inspire others through it
- Make an effort to connect with every B'nai B'rith Girl I meet
- Execute every action with my hands based on the BBG feelings in my heart to eave this Order better than when I found it!